

Reality Check



CHECK MARKS!

It's All About You

Fleet Activities Sasebo, Japan, August 2006.

BUILDING COMMUNITY

The sweltering heat did not stop 20 determined Single Sailors and Seabees from participating in Reality Check's July Community Relations event at Kasuga Yo Chen school in Sasebo. Manned with paint brushes, power tools, paint, sun tan lotion, and water, Reality Check began working refurbishing this school.

While the Seabees constructed a wooden deck on which the children will play, Air Force Master Sergeant Billy Bunton braved terrifying heights and painted two flag poles green. Billy says his training calmed any fears he had about climbing the ladder, "This is the reason I'm Airborne qualified."

For the next three hours Reality Check Single Sailors transformed the school's drab tan colored railings and doors into the bright and vibrant colors of jelly beans. The only payment the Sailors and Seabees requested was to play on the playground equipment [to assure its safety, of course].

See the last page in this newsletter for details of Reality Check's next COMREL to Omura Ko Domo Children's Home.



WHAT'S PLAYING

O Brother Where Art Thou?



During 1937 three convicts escape from a Mississippi, jail chain-gang to acquire the money they stashed away before getting caught. The ex-convicts become in various predicaments including: singing sirens, a Cyclops, a bank robber, a campaigning Governor and his opponent, a KKK lynch mob, and a blind prophet that gives the trio a stern warning about their treasure.

This movie is loosely based on the Greek epic, "The Odyssey," and raises some questions about Reality...

...AND THE QUESTIONS ARE...

1. The three convicts try to find solutions in their life by escaping. Do these geographic solutions work in real life?
2. When Delmar "warshes his sins away" at the water, what does that mean? What do we "use" [i.e. religion, gym, drinking, etc.] to get us out of tough dilemmas? Do these avenues offer long-term solutions to our delimas?
3. What is the importance of the Cyclops' eye?

POOL PARTY!

**Reality Check Pool Party on
Saturday, August 12th**

•7PM-11 PM

**•Cookout with free food and
drinks behind CFAS Admin. Bldg.**

**•Funky Dive Contest (PRIZES
FOR FUNKIEST DIVES)**

•Bring your swimsuit

**•Please contact Rel. Min. Dept.
for more info. 252-3380**



AUGUST REALITY CHECK CALENDAR



August 1st

"Check your Reality" Discussion

August 8th

"Not So" Board Game Night

SATURDAY, August 12th

Pool Party & Cookout

August 15th

Movie: O Brother Where Art Thou?

August 22nd

Movie Discussion

August 29th

"Check Your Reality" Discussion

FEATURED FREE FOOD

Reality Check food and drinks are always free! If you have any meal suggestions, then please let Chap. Mitchell know

August 1st

Fried Chicken

August 15th

Pizza

August 8th

Subway

August 22nd

Subway

August 12th

POOL PARTY FOOD!!!

August 29th

Taco Bell

READY TO PLAY??

Reality Check's next Community Relations Project [COMREL] will be on

SATURDAY, SEPTEMBER 2ND

at Omura Ko Domo Children's Home.

We will meet at the CEC/Library Building at 9AM and return by 2PM.

- Wear clothes you can play in
- Bring your cameras
- Bring about 2,000 Yen because we will stop and eat
- Be prepared to have fun and play with these kids.

Special Note: Children's homes are not orphanages, but they are homes for underprivileged children. This is a wonderful opportunity to play and have fun as a kid while putting smiles their faces!

Please sign up with the Rel. Min. Dept. No later than Wednesday, August 30th!

REALITY CHECK



...It's All About You

WHAT'S YOUR REALITY?

We want to hear from you. What is your reality? What are some of the issues that you want to discuss? What are the movies that you want to watch? Let us know, email me at: sunny.mitchell@sasebo.navy.mil

Reality Check is all about you. Sponsored by both the CFAS Religious Ministries Department and the USO, we focus on many topics relevant to Single Sailors in a casual discussion format. Reality Check includes complimentary food and drinks, special organized events, opportunities to meet new people, and discussions of current movies, books, events, and issues important to the sailors of today's Navy... hence the title of the program, "Reality Check."

Reality Check is open to all sailors stationed or home-ported to CFAS and meets every Tuesday night at 1900 in the Music Room at the CEC/Library Building. Please contact the CFAS Religious Ministries Dept. for more information at 252-3380.

